



# STEAM vs. STEM – Quick-Start Kit

1-page guide for busy families (3–5 minute prompts)

## Kid-Friendly Definitions

- **STEM** = Science, Technology, Engineering, Math — explore, build, measure.
- **STEAM** = STEM + the Arts — draw, sing, design, and tell the story of what you made.

**Why it matters:** In early childhood, the Arts help kids see, say, and show their ideas. That keeps attention longer, lowers frustration, and makes learning stick.

## Tonight's 5-Minute Prompts (pick one)

- **Pattern Clap:** 1-2-1. Echo it, then invent a new one.
- **Shape Hunt:** Find 3 circles in the kitchen; sketch them fast.
- **Story Build:** Make a tiny bridge from spoons/crayons. What crosses it?
- **Sound Graph:** Tap a cup softly vs. firmly; draw two lines — quiet and loud.
- **Count & Compare:** Line up socks by size. Which row is longer?

**Tip:** Keep a tiny maker pouch (washi tape, 3 crayons, ruler, sticky notes) to turn wait time into a STEAM lab.

## Try → Talk → Tweak (Daily Loop)

- **Try:** Do one mini prompt before bath or after snack.
- **Talk:** Tell your teacher one thing your child loved or skipped.
- **Tweak:** Shorten, swap materials, or move to a better time of day.

Small, shared adjustments make school-to-home learning feel seamless.

## Pro Tips for Calm Routines

- **Name the process:** “You tested three shapes, then changed your plan.”
- **One small comfort item** for transitions; label everything.
- **Snap a photo** of today's prompt to show grandparents or your teacher.

## This Week's Micro-Habit (check each day)

Choose a prompt for the week and celebrate small wins.

Prompt (write it here)	Mon	Tue	Wed	Thu	Fri	Sat	Sun
<hr/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Print & post on the fridge. Five minutes a day builds lasting curiosity.

Questions? Contact your classroom teacher or email [enroll@littlesteamersacademy.com](mailto:enroll@littlesteamersacademy.com)

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